



Safety Pages

April 2016

April

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The OHBA/SAIF Safety Pages are an ongoing series of pages, designed to provide a selection of safety topics each month to OHBA members. Please use these pages to add to (or start) either a Safety Committee file or manual for your company. Some of the Safety Pages will be on general topics and others will be for Owner/Supervisors. The Owner/Supervisor Safety Pages will be on topics based more on compliance or suggested management safety practices.

IMPORTANT NOTICE OF RESPONSIBILITY

The Oregon Home Builders Association Safety Committee's purpose is to provide safety guidelines, information and resources to help our members work more safely and reduce jobsite accidents. Full and active monthly participation in safety meetings using the OHBA Safety Committee's agendas, topics and checklists will only meet safety committee requirements. It remains your responsibility to comply with all aspects of safety rules and regulations.

[David Davidson, Oregon Home Builders Association, Safety Consultant](#)

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Dumpster Safety

OHBA Safety Pages

- A clean dumpster and exterior area enhances your business's image and your commitment to the community.
- Place dumpsters on level areas with even walking surfaces free of trip, slip and fall hazards.
- Allow adequate open areas around the dumpster to allow easy disposing of bags and waste debris.
- During winter months maintain the area around the dumpster free of snow and ice. Clean off snow accumulation from dumpster lids this adds to the weight of the lids.
- **Never use hands or feet to compress or reposition waste in the dumpster.**
- When emptying bags or containers lift them using your legs, **NOT YOUR BACK**. Always lift gradually and smoothly, without jerking or twisting.
- **Limit bag or container contact with your body. Keep bags or containers away from your body.**
- Use caution when opening and closing lids during windy weather.
- **Keep your head and body clear of the lids path should it close unexpectedly.**
- Be alert for animals, bees, wasps or other insects in the dumpsters.
- **When possible keep all waste, especially food waste, contained in sealed trash bags.**
- Don't be a dumpster diver. Never enter the dumpster for any purpose.
- **Never overfill, load the dumpster evenly to reduce the possibility of tipping.**



The information we provide is not intended to include all possible safety measures and controls. In addition, the safety information we provide does not relieve the Members of its own duties and obligations with regard to safety concerns, nor does Oregon Home Builders Association guarantee to the Members or others that the Member's property, job sites and/or operations are safe, healthful, or in compliance with applicable laws, regulations or standards. The Members remain responsible for their own operations, safety practices and procedures and should consult with legal counsel as they deem appropriate.

SAFETY POINTER MEETING GUIDE

Topic: Dumpster Safety

Project: _____ Address: _____

Employer: _____ Supervisor: _____

Date: _____ Time: _____ Shift: _____

Number in crew: _____ Number attending: _____

Safety or Health issues discussed. Include recent accident investigations and hazards involving tools, equipment, the work environment, and work practices:

Follow up from last safety meeting:

Record of those attending:

Name: (please print)	Signature:	Company:
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Supervisor's remarks: _____

Supervisor: _____
(Signature)

Personal Protective Equipment

OHBA Safety Pages

The major types of personal protective equipment (PPE) are head, eye, face, hearing, respiratory, foot and hand protection. According to the OR-OSHA rules, the "employer must assess the workplace to determine if hazards are present, or are likely to be present, which necessitate the use of personal protective equipment (PPE) or other protective equipment. If such hazards are present, or likely to be present, the employer must select, and have each affected employee use the types of PPE that will protect the affected employee from the hazards identified in the hazard assessment." An employer cannot simply make PPE available and let employees choose whether or not to wear it. You must require the proper equipment be worn whenever there is exposure to hazards that were identified in the hazard assessment. The following list describes the major types of PPE. Make sure that you have enough equipment to protect all employees.

HEAD PROTECTION: Proper head protection must be worn whenever there is the exposure to head injury from impact or from falling or flying objects. Typical situations that would require head protection include the threat of accidentally dropped materials or equipment when employees work below other workers. Employees working beneath cranes that are moving material should also wear head protection. **OSHA Rule: Division 3, Subdivision E, 1926.100.**

EYE AND FACE PROTECTION: Eye protection, in the form of safety glasses or goggles, needs to be worn whenever there is the danger of flying objects that could get in the eye. Face protection, in the form of face shields, needs to be worn when there is a need to protect the entire face against flying sparks, liquid chemical products and debris. Many eye injuries occur when workers use saws without the required protection, so make sure that all employees have safety glasses or face shields and are wearing them when needed. **OSHA Rule: Division 3, Subdivision E, 1926.102.**

HEARING PROTECTION: Hearing protection, such as earplugs or earmuffs, must be worn whenever there is exposure to loud noises such as power saws and other loud equipment. While exposure to loud noises may not result in an immediate injury, years of exposure can lead to hearing loss. It's not worth losing your hearing when you can protect yourself with inexpensive earplugs. **OSHA Rule: Division 3, Subdivision E, 1926.101. Also Subdivision D, Occupational noise exposure, 1926.52.**

RESPIRATORY PROTECTION: Respirators or dust masks need to be worn when there is exposure to harmful dust, gasses or fumes. Dust masks offer good protection against the dust created by sanding operations. Some chemicals, however, create hazardous gasses or fumes that require the protection of respirators. If you are using respirators, be aware that the OR-OSHA code has additional requirements and rules that you must follow. **OSHA Rule: Division 3, Subdivision E, 1926.103.**

FOOT PROTECTION: Be sure that all employees have the proper type of foot protection for the work that they are doing. While a finish carpenter might not need anything more than tennis shoes, workers who are involved in the framing of the house need foot protection against nails and falling materials. **OSHA Rule: Division 2, Subdivision I, 1910.136.**

FALL PROTECTION: Fall protection is required when workers are exposed to a hazard of falling 10 feet (Construction 10' with some trigger heights at 6' — in General Industry the requirement is at 6 feet) or more to a lower level. The employer must ensure that fall protection systems are provided, installed, and implemented. **OSHA Rule: Division 3, Subdivision M, 1926.500.**

HIGH VISIBILITY GARMENTS: High visibility vests or similar type clothing is required to protect workers from street or highway traffic, either on existing streets or highways or when working in construction work zones along streets or highways. **OR-OSHA Rule: OAR 437-002-0128.**

Employers must also maintain a regular system of inspections and maintenance of personal protective equipment. The equipment must be kept clean and sanitary, and should be inspected by each worker at the beginning of his/her shift.



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2008 Oregon Home Builders Association – Reviewed 4/2016 – 015 Personal Protective Equipment

SAFETY PAGE MEETING GUIDE

Topic: Personal Protective Equipment

Project Name: _____ Location: _____

Employer: _____ Supervisor: _____

Date: _____ Time: _____ Shift: _____

Number in crew: _____ Number attending: _____

Safety or Health issues discussed. Include recent accident investigations and hazards involving tools, equipment, the work environment, work practices and any Safety or Health recommendations:

Follow up on recommendations from last safety meeting:

Record of those attending:

Name: (please print)	Signature:	Company:
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Supervisor's remarks: _____

Supervisor: _____
(Signature)

Cement Safety Protect Your Skin & Eyes!

OHBA Safety Pages

Cement (wet or dry) is caustic to your skin and eyes. It can cause burns, rashes and irritations.

Protect your skin and eyes by following these reminders:

- Protect your hands with well-fitting gloves when mixing, pouring or finishing cement. Avoid allowing cement to enter inside your glove.
- Refer to the cement Safety Data Sheet (SDS) when selecting the proper glove.
- Avoid allowing the cement to saturate your gloves and clothing. Wash contaminated gloves and clothing and allow them to dry before using.
- Wear approved eye protection (ANSI Z87.1) at all times while work with or near cement.
- Wash your hands and other skin areas that have come into contact with the cement as soon as possible.



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2013 Oregon Home Builders Association – Reviewed 4/2016 – 039 Cement Safety

SAFETY PAGE MEETING GUIDE

Topic: Cement Safety – Protect Your Skin & Eyes!

Employer: _____ Project: _____

Date: _____ Time: _____ Shift: _____

Number in crew: _____ Number attending: _____

Safety or Health issues discussed. Include recent accident investigations and hazards involving tools, equipment, the work environment, work practices and any Safety or Health recommendations:

Follow up on recommendations from last safety meeting:

Record of those attending:

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Supervisor's remarks: _____

Supervisor: _____ (Print) _____ (Signature)



Safety Break for Oregon – May 11, 2016

A number of Oregon companies and their employees will recognize the importance of safety and health in the workplace during the statewide Safety Break for Oregon celebration on May 11, 2016.

“Providing safety and health resources for workplace activities is a key value of our Association. Let’s celebrate the annual Safety Break with the rest of the Oregon Workers as we all work together for a safer workplace.” – David Davidson – OHBA Safety Consultant

The Department of Consumer and Business Services, Occupational Safety and Health Division (Oregon OSHA) coordinates Safety Break for Oregon, designed to raise awareness and promote the value of workplace safety and health in preventing injuries and illnesses. The event – which occurs on the second Wednesday in May - takes place in workplaces across Oregon.

When businesses involve employees, they can manage workplace safety and health just as they manage any other part of their business. If you would like to schedule a Safety Break event at your business, visit <http://www.orosha.org/subjects/safetybreak.html> or call David at the HBA Office – 503-399-1500.

We will also have a Safety Info Table in the lobby at the HBA Offices in Salem (375 Taylor Street NE) on May 11th from 9 am – 2 pm. If you are in the area come by and get the latest information on safety practices, training tools, safety giveaways and new or updated OR-OSHA regulations for your business.



National Safety **STAND-DOWN**

TO PREVENT FALLS IN CONSTRUCTION

MAY 2-6, 2016

Stop Falls Stand-Down

- Plan a toolbox talk or other safety activity
- Take a break to talk about how to prevent falls
- Provide training for all workers

For more information:

www.osha.gov/StopFallsStandDown
#StandDown4Safety • (800) 321-OSHA (6742)



OSHA 3192-108-10000